

# well-being at spa

price list  
2014



**Terme di Cervia**



**Terme di Cervia**

Terme di Cervia srl  
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[www.terme.org](http://www.terme.org)

**OPENING HOURS:**

**From April 19th until May 4th**

Thermal Pool 10.00 AM – 6.00 PM

**From May 5th until May 24th**

Spa Centre: 7.30 AM – 12.00 PM / 4.30 PM – 6.00 PM

Thermal Pool: 7.30 AM – 6.00 PM

**From May 26th until September 13th**

Spa Centre: 6.30 AM – 1.00 PM / 4.00PM – 6.30PM

Thermal Pool: 6.30 AM – 6.30 PM

**From September 15th until November 15th**

Spa Centre: 7.30 AM – 12.00 PM / 4.00PM – 6.30 PM

Thermal Pool: 7.30 AM – 6.30 PM

**The 15<sup>th</sup> of August and the 1<sup>st</sup> of November the Spa is open only in the morning.**

**Monday, 2<sup>nd</sup> of June Terme di Cervia is open all day.**

Patients are advised to ensure that there is enough time to complete their sessions before closing. The wards opening and closing hours may vary seasonally and according to demand.

**From May 25<sup>th</sup> until September 14<sup>th</sup> Terme di Cervia is open on Sundays from 8.00 AM to 12.00 PM for:** medical examinations, treatments and booking of admission practices.

Open wards: thermal pool, muds and therapeutic baths, inhaling treatments, wellness packages

# thermal science and nature in perfect synergy

Thermal waters are a source not only of **health**, but also of **beauty**, achievable only if you abandon yourself to an experience of total well-being.

The treatments and health care available at Terme di Cervia greatly rely on the natural therapeutic properties of saline water, “**Acqua Madre**” which helps to remove excess liquids, toning up the tissues and restoring the efficient function of the skin.

Another important feature of thermal water is the antioxidant and antiaging action on the skin thanks to the elements of which it is composed by, and the water plays a stimulating effect on skin microcirculation, improving the capillary tone.



*The therapeutic properties of Sale Dolce (Sweet Salt) contained in the mud and in the saline water are enhanced in the cosmetic line “Cervia Benessere”, which is used daily by the experts in beauty spa treatments.*

TERME e SALINA



Cervia Benessere™

## thermal wellness face

## amarcord - SMOOTHING ANTI-WRINKLES

Fatigued skins find their natural splendor. Micro wrinkles are smoothed, face will be more relaxed.

**Complete treatment with phytomelatonin (35 min.)**

€ 60.00

## polvere di stelle - FIRMING

Treatment that restores and compact the skin. The result is a firmer and smoother skin, facial features are reshaped.

**Mud, threadlike shower and anti-age massage (90 min.)**

€ 130.00

## nautilus - MOISTURIZING

Treatment that gives back to skin its natural hydration and nourishment.

Skin regains freshness and deep flexibility and restores its natural hydrolipid balance.

**Peeling, mask and massage (60 min.)**

€ 68.00

## my fair lady - SOOTHING

Treatment for soothing, decongesting and strengthen sensitive skins.

**Mask and massage (35 min.)**

€ 56.00

## gilda - CLEANSING FACE

**Treatment that includes cleansing, purifying scrub, massage and mask (60 min.)**

€ 60.00

## ufficiale e gentiluomo - REVITALISING

Detoxifying treatment, revitalising and relaxing for male skin.

**Peeling and massage (35 min.)**

€ 56.00

## thermal wellness body

## il sale sulla pelle - ANTI-AGING AND REVITALIZING

Soft and pleasant treatment that relieves the fatigue states and the tension of the skin, to get a toning and firming effect.

**Peeling with salt - Vaporized mud with hydromassage - Massage (120 min.)**

€ 150.00

## la dolce vita - AGAINST THE BEAUTY FLAWS OF CELLULITE

Treatment that removes toxins with general draining effect.

**Bath in thermal pool, Draining Massage and Slimming Shaping Massage (90 min.)**

€ 85.00

## a piedi nudi nel parco

Treatment that restores an immediate comfort to tired and aching feet, also when there is a thickening of the skin, localized callosities, foot fissures.

**Hydromassage and Massage (35 min.)**

€ 40.00

## la valle dell'eden

**No. 1 admission in Thermal Pool and no. 1**

**Massage of 30 or 35 minutes** optionally between

massages on the basis of availability **(90 min.)**

€ 65.00

## pretty woman

**No. 1 admission in Thermal Pool and no. 1**

**Massage of 50 or 55 minutes** optionally between

massages on the basis of availability **(120 min.)**

€ 80.00



# thermal wellness body

## american beauty - DRAINING LEGS

Thermal Pool, Tecar® and Massage (120 min.)

€ 86.00

## blu velvet - DRAINING LEGS

Mud with hydromassage ozonized bath, Draining Massage, Flebotonic Bandage (120 min.).

€ 104.00



## dermatological treatments

Mud with therapeutic bath for psoriasis in solarium	€ 32,00
Mud mask (face)	€ 20,00
Face massage	€ 24,00
Threadlike shower (face)	€ 20,00
Mud + shower + face massage	€ 60,00

## aesthetics treatments

Manicure	€ 21,00
Pedicure	€ 32,00
Total wax (full leg and bikini wax)	€ 38,00
Partial wax (part of leg and bikini wax)	€ 20,00
Localized wax (armpits or bikini wax)	€ 12,00
Facial hair wax (lipwax or eyebrows wax)	€ 8,00



discover all the virtues of the ingredients of care and well-being on our website:

[www.terme.org](http://www.terme.org)



Terme di Cervia

restoring  
and healing

### CHEMICAL COMPOSITION:

Maximum Contaminant Levels, MCLs at 180° C – 195.000 mg/lit

- Chloride \*\*\*
  - Sodium \*\*\*
  - Sulphates \*\*
  - Calcium \*\*
  - Bromine \*\*
  - Potassium \*\*
  - Magnesium \*\*
  - Iodine \*
- \*\*\* significant  
\*\* numerous  
\* moderate

### BE GOOD TO KNOW:

The water of the pool is kept at a constant, comfortable 33° C and in turbulence conditions: lateral jets and ceiling showers enhance the reception of healing properties.

# Acqua Madre

Salsobromiodic water - Hypertonic

The SALT  
CONCENTRATION at  
a density: 6° Baumé  
**80 gr. / l**

Coming from Cervia Saltpans

### THERAPEUTIC INDICATIONS:

Analgesic and anti-inflammatory, the Acqua Madre is ideal for:

- arthritis, rheumatism, osteoporosis
- fibromyalgia syndrome
- venous diseases
- respiratory diseases



### COSMETIC INDICATIONS:

Thanks to an osmotic process, the "Acqua Madre" is ideal for reduce fluid retention.

- stimulating
- antioxidant, antiaging
- purifying
- drainage





# cares at spa

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# medical examinations

## thermal medicine

Admission examination and supporting care € 30.00

## allergology - DR. G. MINORE

Medical examination	€ 100.00	Coeliac disease testing	€ 50.00
Allergy testing and examination	€ 120.00	Allergy tests for food	€ 50.00

## dermatology - DR. D. MATTIOLI

Medical examination	€ 110.00	Dermatologic surgery	€ 150.00
Follow-up examination	€ 60.00	Cryosurgery	€ 100.00

## physiatry - DR. F. PONZETTI

Medical examination	€ 110.00	Fibromyalgia evaluation	€ 110.00
Follow-up examination	€ 60.00	Osteoporosis evaluation	€ 50.00
Infiltration	€ 33.00	Manipulative therapy	€ 55.00
Hyaluronic acid infiltration	€ 50.00	Mesotherapy	€ 50.00

## orthopedy - DR. A. GUERRA

Medical examination	€ 120.00	Infiltration	€ 33.00
Follow-up examination	€ 60.00		

## ear, nose and throat - DR. M. SAVINI, DR. L. VITALI, DR. D. LASAGNI

Medical examination	€ 110.00	Ear wax removal	€ 38.00
Follow-up examination	€ 60.00	Fiberscopy	€ 60.00

## cardiology - DR. G. MIGNOSI

Medical examination with ECG € 110.00

## pneumologia - DOTT. M. BUDA

Medical examination	€ 110.00
Follow-up examination	€ 60.00

## dietologia - DOTT.SSA M. MONTANARI

Medical examination	€ 110.00
Follow-up examination	€ 60.00

## urology - DR. G. RAVA

Medical examination € 120.00

## hydrology - DR. A. FLAMIGNI

Medical examination € 110.00

## angiology and vascular surgery - PROF. A. FAENZA, DR. L. PUVIANI

Medical examination	€ 110.00	Medical examination + Ecocolor Doppler	€ 130.00
Follow-up examination	€ 60.00	Ecocolor Doppler TSA (carotids and jugulares)	€ 80.00
Sclerotherapy	to be quoted	Vascular ecocolor Doppler lower or upper limbs	€ 80.00
Vascular ecocolor Doppler lower or upper limbs	€ 30.00		

## health services

Thyroid scan	€ 80.00	Certificate	€ 35.00
Abdominal scan	€ 80.00	Blood pressure measurement	€ 4.00
Acupuncture	€ 50.00	Injection	€ 6.00
ECG	€ 55.00	Test of glycemia	€ 5.00





## kinesis physical therapy

Compex Electrical Stimulation	€ 18,00	Neuromotor re-learning (35min.)	€ 46,00
Faraday	€ 12,00	Neuromotor re-learning (50 min.)	€ 63,00
Hydro-galvanic Bath	€ 13,00	Neuromotor re-learning (30 min.)	€ 40,00
Hyperthermia	€ 27,00	Tecar®	€ 36,00
Thermal Shock	€ 30,00	Tens	€ 13,00
Iontophoresis	€ 13,00	Ultrasound	€ 14,00
High-Power Laser X	€ 26,00	Osteopathic treatment (55 min.)	€ 72,00
Magnotherapy	€ 20,00		

## massagges

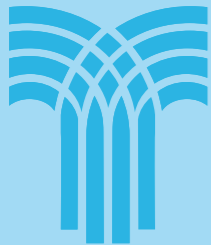
Manual "Il nostro classico" (15 min.)	€ 31,00	Reflexology massage (35 min.)	€ 46,00
Manual "Il nostro classico" (35 min.)	€ 46,00	Reflexology massage (55 min.)	€ 62,00
Manual "Il nostro classico" (55 min.)	€ 62,00	Manual connectival (30 min.)	€ 46,00
Additional Service Cream**	€ 1,50	Shiatsu (35 min.)	€ 48,00
Partial draining (35 min.)	€ 46,00	Flebotonic thermal bandage (50 min.)	€ 65,00
Total draining (55 min.)	€ 62,00	Ayurvedic (50 min.)	€ 65,00
Draining abdomen or facial (35 min.)	€ 46,00	Anti-stress (50 min.)	€ 62,00
6 Manual "Il nostro classico" (35 min.)	€ 245,00	Salt body scrub (30 min.)	€ 55,00
6 Manual "Il nostro classico" (55 min.)	€ 330,00	Hot stone massage (50 min.)	€ 65,00
6 Drainage partial (35 min.)	€ 245,00	Holistic massage with Phytomelatonin (90 min.)	€ 120,00
6 Drainage total (55 min.)	€ 330,00		

## passeggiata della salute

3 Walking with instructor	€ 10,00
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\*\*\* Creams: arnica, ivy, relief legs, essential oils, scented cream





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## USEFUL INFORMATION

We recommends the following guidelines for an optimal service:

- Book day and time of the medical exam on our website [www.terme.org](http://www.terme.org) or call the number: 0544 990111
- You can book your treatment in advance by calling the number **800 016245. Tuesday to Saturday from 7.30a.m. to 12.00 p.m.**

**Mud and therapeutic bath in private cubicle / private treatment room**

**Bath in private treatment room**

**Vascular treatment program**

**Massages**

**Physical therapy and rehabilitation**

**Ear insufflation**

**Politzer**

**Spa treatments**

Directions and prescriptions of the family doctor or specialist will be taken into full account by our staff. Please bring any relevant medical reports to your visit. All medical prescriptions must be submitted to our staff on a daily basis. They will meticulously follow the instructions and cures prescribed by the in-house doctor. Please avoid sudden changes in body temperature and reduce or quit smoking.

A treatment cycle of at least 10-15 days has proven to be highly effective; two treatment cycles can be carried out during the same season, having even greater benefits. All thermal therapy increases its effectiveness when repeated for several years.

**Treatments purchased (strictly personal and not transferable) are valid for the thermal season in which they are issued and are non-refundable in the event of failure to use. In case you are unable to make it to an appointment, it is necessary to cancel at least 24 hours beforehand.**

*Terme di Cervia does not assume any liability for lost or stolen articles, valuables or its property. We strongly recommend the use of the safety deposit boxes. The Direction reserves the right to change the prices at any time.*

## mud and balneotherapy

Mud and therapeutic bath with ozone or hydromassage

€ 32,00

Salso-bromo-iodic therapeutic bath

€ 25,00

Vaporized mud

€ 35,00

## inhalation treatments

Inhalation - Aerosol - Pulverization

€ 10,00

Micronized nasal irrigation

€ 13,00

Subscription: 12 inhalation treatments

€ 96,00

Nasal irrigation

€ 12,50

## rhinogenous deafness treatment and pneumology treatments

Tube-tympanum insufflations

€ 23,00

Impedentiometric examination

€ 25,00

Politzer

€ 18,00

Pulmonary ventilation

€ 23,00

Audiometric examination

€ 30,00

## thermal pool vascular circuit

Thermal Pool (daily admission): thermal pool bath, Vascular circuit, water aerobics and Jacuzzi

€ 25,00

6 entries to the pool

€ 112,00

Watsu in thermal pool

€ 60,00

12 entries to the pool

€ 210,00

Individual rehabilitation in thermal pool

€ 55,00

45 entries to the pool

€ 450,00

Collective rehabilitation in thermal pool

€ 30,00

Whirlpool bath

€ 25,00

Gym admission

€ 12,00

Vascular circuit

€ 22,00

6 vascular circuit

€ 80,00

12 vascular circuit

€ 140,00